

Revised 08/26/26

**Cape Cod Senior Resource Group – Members
Local Agencies**

Aging Services Access Points

Elder Services of Cape Cod & the Islands, Inc.

Maryanne Ryan

68 Route 134
South Dennis, MA 02660

508-394-4630
info@escci.org
www.escci.org

Old Colony Elderly Services

Plymouth Location
204 South Meadow Road
Plymouth, MA 02360

508-584-1561
www.ocesma.org

Councils on Aging / Active Living Centers

Barnstable Adult Community Center

825 Falmouth Road/Rte. 28
Hyannis, MA 02601

508-862-4750
Kelly.Howley@town.barnstable.ma.us
www.seniors.town.barnstable.ma.us

Bourne Council on Aging

Bourne Veterans Memorial
Community Building
239 Main Street
Buzzards Bay, MA 02532

508-759-0653
doliviere@townofbourne.com
www.townofbourne.com/council-on-aging

Brewster Council on Aging & Senior Center

1673 Main Street
Brewster, MA 02631

508-896-2737
ecutler@brewster-ma.gov
www.brewster-ma.gov/council-on-aging

Chatham Senior Center / Center for Active Living

193 Stony Hill Road
Chatham, MA 02633

508-945-5190
www.chatham-ma.gov/527/Council-on-Aging

Dennis Center for Active Living 1045 Rt. 134 South Dennis, MA 02660 508-385-5067 www.town.dennis.ma.us/council-aging	Eastham Senior Center 1405 Nauset Road P.O. Box 1203 North Eastham, MA 02651 508-255-6164 www.eastham-ma.gov/418/Senior-Center
Falmouth Senior Center 780 Main Street Falmouth, MA 02540 508-540-0196 www.falmouthma.gov/444/Senior-Services-Senior-Center	Harwich Community Center 100 Oak Street Harwich MA 02645 508-430-7550 www.harwich-ma.gov/council-on-aging
Martha's Vineyard / Edgartown Council on Aging P.O. Box 1295 10 Daggett St. Edgartown, 02539 508-627-4368 www.edgartowncoa.com/about	Martha's Vineyard / Oak Bluffs Council on Aging 21 Wamsutta Avenue Oak Bluffs, MA 02557 508-693-4509 www.oakbluffsma.gov/152/Council-on-Aging
Martha's Vineyard / Tisbury Senior Center 34 Pine Tree Road P.O. Box 1239 Vineyard Haven, MA 02568 508- 696-4205 www.tisburyma.gov/council-aging	Mashpee Council on Aging 26 Frank E. Hicks Drive Mashpee, MA 02649 508-539-1440 COADirector@mashpeema.gov www.mashpeema.gov/council-aging
Nantucket Saltmarsh Senior Center 81 Washington Street Nantucket, MA 02554 508-228-4490 www.nantucket-ma.gov/732/Saltmarsh-Senior-Center	Orleans Senior Center 150 Rock Harbor Road Orleans, MA 02653 508-255-6333 www.town.orleans.ma.us/220/Council-on-Aging-Senior-Center

Plymouth Center for Active Living 44 Nook Road Plymouth, MA 02360 508-830-4230 www.plymouth-ma.gov	Provincetown Council on Aging 2 Mayflower Street Provincetown, MA 02657 508- 487-7080 chottle@provincetown-ma.gov www.provincetown-ma.gov/72/Council-on-Aging
Sandwich Center for Active Living 70 Quaker Meetinghouse Road Sandwich, MA 02537 508-888-4737 coa@sandwichmass.org www.sandwichmass.org/274/Council-on-Aging	Truro Council on Aging Recreation Center 7 Standish Way North Truro, MA 02652 508-487-1632 www.truro-ma.gov/council-on-aging
Up-Island Council on Aging 1042 State Road West Tisbury, MA 02575 508-693-2896 coa-clerk@westtisbury-ma.gov www.westtisbury-ma.gov/government/up_island_council_on_aging/index.php	Wareham Senior Center Sharon Rice 48 Marion Road Wareham, MA 02571 508-291-3130 srice@wareham.gov www.wareham.gov
Wellfleet Adult Community Center 715 Old King's Highway Wellfleet, MA 02667 508-349-2800 www.wellfleet-ma.gov/wellfleet-adult-community-center	Yarmouth Senior Center 528 Forest Road Yarmouth, MA 02664 508-394-7606 www.yarmouth.ma.us/309/Senior-Services

Day Programs

The Bridge Respite Day Program

Bourne Council on Aging
Cassandra Bell, Respite Care Manager

239 Main Street
Buzzards Bay, MA 02532

508-759-0600 ext. 5231
cbell@bourne-ma.gov

Dennis Center for Active Living

1045 Rt. 134
South Dennis, MA 02660

508-385-5067
www.town.dennis.ma.us/council-aging

Harbor Point at Centerville

22 Richardson Rd
Centerville, MA 02632

508-778-2311
TLabonte1@Benchmarkquality.com
www.HarborPointAtCenterville.com

Rock Harbor Respite

150 Rock Harbor Rd
Orleans, MA 02653

508-255-6333 ext. 19
mcecchi@town.orleans.ma.us
www.town.orleans.ma.us/233/Rock-Harbor-Respite—Supportive-Day-Pro

Caregiver Training & Support

Alzheimer's Association

Pamela Schwabe

320 Nevada Street
Newton, MA 02460

800-272-3900
pschwabe@alz.org
www.alz.org

American Parkinson's Disease Association (APDA)

Falmouth Support Group – Kath King

978-394-1231
kath@reliablern.com
www.reliablern.com

**Groups also available in Barnstable, Yarmouth and Orleans*

Back Nine Nurses

Kristen Hyde, Co-Founder, RN, BSN, CGCM, CDP
Deborah O'Kelly, Co-Founder, RN, BSN, CGCM, CDP

P.O. Box 282
Mashpee, MA 02649

508-737-4277
info@backninenurses.com
www.backninenurses.com

Bridges by Epoch at Mashpee

462 Old Barnstable Road
Mashpee, MA 02649

508-477-0043
CapeCodMemoryCare@BridgesByEpoch.com

Cape Cod Caregiver Coach

Melissa Plourde Rozenberg, LSW, CGCM, CDP, CPC, CADDCT

244 Boulder Rd.
Barnstable MA 02630

508-414-8694
melissa@capecodcaregivercoach.com
www.CapeCodCaregiverCoach.com

Cape Cod Healthcare Dementia & Alzheimer's Caregiver Support Program

CCHC Neuroscience Institute

774-552-6080
dementiainfo@capecodhealth.org
www.capecodhealth.org/dementia-support

Careforth Caregiver Support Services

Lisa Gaulin

26 Mirasol Drive
Bourne MA 02532

774-434-5426
LGaulin@careforth.com
www.careforth.com

Caregiving Pathways

Beth Suereth

508-681-5091
beth.suereth@caregivingpathways.com
www.caregivingpathways.com

Compassionate Care – ALS Falmouth P.O. Box 1052 West Falmouth, MA 02574 508-444-6775 info@ccals.org www.ccals.org	Healthcare Proxy Secure Robert Davis, M.D. 774-313-1804 yourproxy1@outlook.com www.healthcareproxysecure.com
Perfect Care Match Leah Doroch 33 Bassett Lane, Office 211 Hyannis, MA 02601 833-726-2824 capecod@perfectcarematch-mass.com www.perfectcarematch.com	