



Cape Cod Senior Resource Guide

2026/2027 EDITION



Dedicated to serving seniors
throughout the Cape Cod region.

Find and share our most current Guide online at CCSRG.org

Understanding This Senior Resource Guide

How Membership Fuels Our Mission

As a 501(c)(3) non-profit organization, the Cape Cod Senior Resource Group (CCSRG) is dedicated to connecting seniors and their families with the vital resources they need on Cape Cod. We are incredibly grateful to fund the production and distribution of this essential guide through the generosity of our diverse membership.

How to Use this Guide as Your Compass for Senior Living on Cape Cod

Navigating the path to senior services can feel overwhelming. The CCSRG is here to simplify that journey. This guide is a collection of local organizations, businesses, and non-profits dedicated to supporting our senior community with dignity and independence.

Find What You Need: resources are grouped by category – from home care to legal planning – to help you find specific support quickly.

HOW LISTINGS ARE ORGANIZED

The **Cape Cod Senior Resource Group** funds our annual print guide through the generous support of our members. To acknowledge varying levels of support and ensure our guide's sustainability, we organize our membership into the categories below. This structure allows us to continue providing this essential resource, recognizing our members' commitment while offering a clear, user-friendly guide for the community.

Champion	Advocate	Business
Highest level of support, prominent placement. Enables guide production & outreach.	Strong contributions help cover operational costs. Ensures a consistent, high-quality resource.	Foundational support is vital for producing/distributing this comprehensive service guide.
★ Business Name	★ Business Name	Business Name

Essential Resources (free status) include other nonprofits and crucial community support services. Their contact information is included at no cost, ensuring comprehensive access to vital, often free, senior resources.

Free Services

Essential

Hospitals

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Find and share the online version of this Guide:



Up to date listings and additional resources can be found at
CCSRG.org

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LOCAL AGENCIES & SUPPORT

Elder Services of Cape Cod and the Islands, Inc.

508-394-4630
800-244-4630
info@escci.org
escci.org

Elder Services of Cape Cod and the Islands is a community-based, nonprofit organization established in 1972 to promote the welfare, enhance the quality of life and maintain the dignity of aging adults in Barnstable, Dukes and Nantucket Counties. The agency offers unbiased information and referrals along with a wide range of low and no cost solutions including home care management, home delivered Meals-on-Wheels, Options Counseling and caregiver education and support. Translation services always available.

Old Colony Elder Services

Plymouth
508-584-1561
ocesma.org

Old Colony Elder Services (Plymouth Location) is located at 204 South Meadow Road, Plymouth MA 02360.

--- Report Elder Abuse (nights/weekends): 1-800-922-2275 ---

COUNCILS ON AGING / ACTIVE LIVING CENTERS

Barnstable Adult Community Center

825 Falmouth Road
Hyannis, MA 02601
508-862-4750
kelly.howley@barnstable.gov
barnstable.gov/coa/

Bourne Council on Aging

Bourne Veterans Memorial
Community Building
239 Main Street
Buzzards Bay, MA 02532
508-759-0653
doliviere@bourne-ma.gov
townofbourne.com/council-on-aging

Brewster Council on Aging & Senior Center

1673 Main Street, Brewster, MA 02631
508-896-2737
ecutler@brewster-ma.gov
brewstercoa.com

Chatham Senior Center / Center for Active Living

193 Stony Hill Road
Chatham, MA 02633
508-945-5190
leah.lacross@chatham-ma.gov
chatham-ma.gov/527/council-on-aging

Dennis Center for Active Living

1045 Route 134
South Dennis, MA 02660
508-385-5067
info@dennisma.gov
dcalcapecod.org

Eastham Senior Center

1405 Nauset Road, PO Box 1203
North Eastham, MA 02651
508-255-6164
coa@eastham-ma.gov
eastham-ma.gov/418/senior-center

Falmouth Senior Center

780 Main Street, Falmouth, MA 02540
508-540-0196
seniorcenter@falmouthma.gov
falmouthma.gov/444/
senior-services-senior-center

Councils on Aging/Active Living Centers (continued)

Harwich Community Center

100 Oak Street, Harwich, MA 02645
508-430-7550
julie.witas@harwich-ma.gov
harwich-ma.gov/council-on-aging

Martha's Vineyard / Edgartown Council on Aging

10 Daggett Street, PO Box 1295
Edgartown, MA 02539
508-627-4368
lfamariss@edgartownma.gov
edgartowncoa.com/about

Martha's Vineyard / Oak Bluffs Council on Aging

21 Wamsutta Avenue
Oak Bluffs, MA 02557
508-693-4509
rcogliano@oakbluffsma.gov
oakbluffsma.gov/152/council-on-aging

Martha's Vineyard / Tisbury Senior Center

34 Pine Tree Road, PO Box 1239
Vineyard Haven, MA 02568
508-696-4205
tisburycoa@tisburyma.gov
tisburyma.gov/council-on-aging

Mashpee Council on Aging

26 Frank E. Hicks Drive
Mashpee, MA 02649
508-539-1440
coadirector@mashpeema.gov
mashpeema.gov/council-on-aging

Nantucket Saltmarsh Senior Center

81 Washington Street
Nantucket, MA 02554
508-228-4490
lstewart@nantucket-ma.gov
nantucket-ma.gov/732/
saltmarsh-senior-center

Orleans Senior Center

150 Rock Harbor Road
Orleans, MA 02653
508-255-6333
info@orleansma.gov
town.orleans.ma.us/220/
council-on-aging-senior-center

Plymouth Center for Active Living

44 Nook Road, Plymouth, MA 02360
508-830-4230
plymouth-ma.gov

Provincetown Council on Aging

2 Mayflower Street
Provincetown, MA 02657
508-487-7080
chottle@provincetown-ma.gov
provincetown-ma.gov/72/
council-on-aging

Sandwich Center for Active Living

70 Quaker Meetinghouse Road
Sandwich, MA 02563
508-888-4737
coa@sandwichmass.org
sandwichmass.org/274/
council-on-aging

Truro Council on Aging

Recreation Center
7 Standish Way, North Truro, MA 02652
508-487-1632
coa@truro-ma.gov
truro-ma.gov/council-on-aging

Up-Island Council on Aging

1042 State Road
West Tisbury, MA 02575
508-693-2896
coa-clerk@westtisbury-ma.gov
westtisbury-ma.gov/government/up_
island_council_on_aging/index.php

Wareham Council on Aging

54 Marion Road, Wareham, MA 02571
508-291-3130
wareham.gov

Wellfleet Adult Community Center

715 Old King's Highway
Wellfleet, MA 02667
508-349-2800
wellfleet-ma.gov/wellfleet-adult-
community-center

Yarmouth Senior Center

528 Forest Road, Yarmouth, MA 02664
508-394-7606
dkane@yarmouth.ma.us
yarmouth.ma.us/309/senior-services

DAY PROGRAMS

CHAMPIONS

★ Harbor Point at Centerville

22 Richardson Road
Centerville, MA 02632
508-778-2311
harborpointatcenterville.com

The Bridge Respite Day Program

Bourne Council on Aging
Cassandra Bell, Respite Care Manager
239 Main Street
Buzzards Bay, MA 02532
508-759-0600 ext.5231
cbell@bourne-ma.gov

Dennis Center for Active Living

1045 Route 134
South Dennis, MA 02660
508-385-5067
dcalcapecod.org

Rock Harbor Respite

150 Rock Harbor Road
Orleans, MA 02653
508-255-6333 ext. 19
mcecchi@town.orleans.ma.us
town.orleans.ma.us/233/rock-harbor-respite-supportive-day-pro

CAREGIVER TRAINING & SUPPORT

CHAMPIONS

★ Back Nine Nurses

Kristen Hyde, Co-Founder
RN, BSN, CGCM, CDP
Deborah O'Kelly, Co-Founder
RN, BSN, CGCM, CDP
508-737-4277
info@backninenurses.com
backninenurses.com

★ Bridges by Epoch at Mashpee

462 Old Barnstable Road
Mashpee, MA 02649
508-477-0043
capecodmemorycare@
bridgesbyepoch.com
bridgesmashpee.com

★ Cape Cod Healthcare Dementia & Alzheimer's Caregiver Support

Neuroscience Institute
774-552-6080
dementiainfo@capecodhealth.org
capecodhealth.org/dementia-support

★ Perfect Care Match

833-PCMATCH (726-2824)
33 Bassett Lane, Office 211
Hyannis, MA 02601
info@perfectcarematch.com
perfectcarematch.com

ADVOCATES

★ Careforth Caregiver Support Services

Lisa Gaulin
774-434-5426
lgaulin@careforth.com
careforth.com

★ Healthcare Proxy Secure

Robert Davis, M.D.
774-313-1804
yourproxy1@outlook.com
healthcareproxysecure.com

Caregiver Training & Support (continued)

BUSINESS SUPPORTERS

Cape Cod Caregiver Coach

Melissa Plourde Rozenberg, LSW,
CGCM, CDP, CPC, CADDCT
508-414-8694
melissa@capecodcaregivercoach.com
CapeCodCaregiverCoach.com

Caregiving Pathways

Beth Suereth
508-681-5091
beth.suereth@caregivingpathways.com
caregivingpathways.com

Alzheimer's Association

800-272-3900
alz.org

American Parkinson's Disease Association (APDA) – Falmouth

Support Group
978-394-1231
kath@reliablern.com
reliablern.com

**Groups also available in Barnstable,
Yarmouth and Orleans*

Compassionate Care

– ALS Falmouth
508-444-6775
info@ccals.org
ccals.org



Elder Services
of Cape Cod and the Islands

"The Cape Cod Senior Resource Guide book and website are essential tools for educating residents and service providers about our region's robust offerings. It can sometimes be hard to find goods and services in our far-flung coastal communities, but the Guide book and website make it far, far easier by providing current and complete listings. We are so grateful to be a part of this community building network."

Maryanne Ryan, LCSW
Chief Executive Officer

Elder Services of Cape Cod and the Islands

PLANNING

ESTATE PLANNING & LEGAL SERVICES

CHAMPIONS

- ★ **Cape Cod Elder Law Associates, PC**
5 Main Street
Cotuit, MA 02635
774-602-5056
admin@ccelderlaw.com
ccelderlaw.com
- ★ **Surprenant, Beneski & Nunes PC**
336 South Street
Hyannis, MA 02601
508-994-5200
info@sbnlawfirm.com
myfamilyestateplanning.com

ADVOCATES

- ★ **Case Estate Law, PC**
Attorney Rad Case
1645 Falmouth Road, Suite 1E
Centerville, MA 02632
508-790-3050
Rad@CaseEstateLaw.com
caseestatelaw.com
- ★ **Law Office of Karen Weston Hanesian, PC**
889 West Main Street
Centerville, MA 02635
508-790-4326
elderlaw@khanesianlaw.com
khanesianlaw.com
- ★ **DesRosiers & Tierney, LLC**
21 Railroad Ave, Suite 2
Duxbury, MA 02332
781-934-5060
jmurphy@dtattorneys.com
dtsesatelaw.com/Estate
- ★ **Law Offices of Susana Lannik, LLC**
Susana Lannik
2 Oak Street, Mashpee, MA 02649
508-444-9445
susana@lanniklaw.com
lanniklaw.com
- ★ **Law Office of Chantal Hayes Rice**
23 East Main Street
West Yarmouth, MA 02673
508-221-6677
chantal@ricelawcapecod.com
ricelawcapecod.com

BUSINESS SUPPORTERS

- Bourget Law Group, LLC**
Cynthia Bourget
194 Old Main Road
North Falmouth, MA 02556
508-548-1875
cbourget@bourgetlawgroup.com
bourgetlawgroup.com
- Just In Case Solutions**
Wendy Michelle
781-248-7417
wendy@justincasesolutions.com
justincasesolutions.com
- Marsden Law PC**
Jay Marsden, Esq.
100 Independence Drive, Suite 7
Hyannis, MA 02601
508-858-5324
jay@jmarsdenlaw.com
jmarsdenlaw.com
- Premier Notary and Advisory Services LLC**
Deirdre Wallace, CDP
774-269-5361
dwallace.premier@gmail.com
premiernotaryandadvisory.com

Estate Planning & Legal Services (continued)

Cape Mediation
508-240-1717
capemediation.org

South Coastal Counties Legal Services
800-244-9023
sccls.org

SHINE (Serving the Health Insurance Needs of Everyone)
Health Information for Seniors
508-375-6762

FINANCIAL / INSURANCE / MORTGAGE

CHAMPIONS

- ★ **Wilmington Trust N.A. An M&T Company**
Jonathan D. DiPaolo
115 Federal Street, 18th Floor
Boston, MA 02110
617-429-3319
jdipaolo@wilmingtontrust.com
wilmingtontrust.com

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ADVOCATES

- ★ **Bessette Financial**
Bill Bessette
100 Independence Drive, Ste 7
Hyannis, MA 02601
508-775-5510
bill@bessettefinancial.com
bessettefinancial.com
- ★ **Shamrock powered by CMG Home Loans**
Ellen Connors
75 Newman Ave, Rumford, RI 02916
617-750-5266
econnors@shamrockcmg.com
cmghomeloans.com/mysite/ellen-connors
- ★ **Deb Ford, CLTC, RICP New York Life**
1555 Iyanough Road
Hyannis, MA 02601
508-367-0061
dford@ft.newyorklife.com
newyorklife.com/agents

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BUSINESS SUPPORTERS

- & Following Seas, LLC**
Daily Money Manager
Michelle Cox
508-694-3788
michelle@andfollowingseas.com
andfollowingseas.com
- Kelley Hill, Medicare Specialist**
Kelley Hill
774-722-7687
kelley@kelleyhill.org
kelleyhill.org

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BUSINESS SUPPORTERS
Mutual of Omaha Reverse Mortgage

David Tourtillott, CRMP®
427 Columbia Road, Unit 114
Hanover, MA 02339
617-797-3277
dtourtillott@mutualmortgage.com
MutualReverse.com/David-Tourtillott


New York Life Insurance Company

James Jazo, WMCP
1555 Iyannough Road
Hyannis, MA 02601
508-362-3945
jjazojr@ft.newyorklife.com
newyorklife.com/agent/jjazojr


CARE MANAGERS

Geriatric Care: (GCM) is a specialized nurse or social worker who assesses, plans, and coordinates care for older adults. They help families navigate the complex healthcare system, evaluate housing, manage medications, and prevent crises.

Care Manager Certified: (CMC) is a credential for professionals who help families navigate aging. They assess needs, coordinate services, and advocate for older adults. A CMC help prevent crises and reduces the burden on family caregivers.

CHAMPIONS
★ Back Nine Nurses

Kristen Hyde, Co-Founder
RN, BSN, CGCM, CDP
Deborah O'Kelly, Co-Founder
RN, BSN, CGCM, CDP
508-737-4277
info@backninenurses.com
backninenurses.com

★ Best of Care

Care Consulting & Care Management
617-693-6313
elynych@bestofcareinc.com
bestofcareinc.com

★ Comfort Keepers of the South Shore, Cape & Islands

Ruth McNaughton
508-746-4800
receptionck430@comfortkeepers.com
comfortkeepers.com/offices/
massachusetts/plymouth

★ Grace Life Care, Inc.

Kerry Davis, RN, BSN, CMC
508-888-2898
kerry@gracelifecare.com
gracelifecare.com

★ Perfect Care Match

833-PCMATCH (726-2824)
33 Bassett Lane, Office 211
Hyannis, MA 02601
info@perfectcarematch.com
perfectcarematch.com

★ Senior Steps, Inc.

Carolyn Walsh
350 Lincoln Street, Suite 2400
Hingham, MA 02043
617-405-8796
carolynwalsh@seniorsteps.org
seniorsteps.org

ADVOCATES
★ Alder

617-928-0200
hello@askalder.com
askalder.com

★ Answers for Elders

781-974-7474
roladokun@answersforelders.net
answersforelders.net

★ Cape Health Advocacy

Diane E. Sousa
774-205-0108
capecodhealthadvocacy@gmail.com
capehealthadvocacy.com

★ Case Management Professionals

508-771-1075
katrina@csacapecod.com
cmpcapecod.com

★ Integrated Life Services, LLC

Taylor Cobb, Co-Founder
MPA, LSW, CDP, CGCM, Notary Public
Abigail Cobb, Co-Founder, LSW, CDP
PO Box 283, Forestdale, MA 02644
774-994-3517
info@ILSAdvisors.com
ilsadvisors.com

★ LiveWell Care Management

Jennifer Mahoney, MSW, LICSW, CMC
617-254-9800
jennifer.mahoney@livewellcm.com
Stacy Grass, LNHA, CMC
508-942-0490
stacy.grass@livewellcm.com
livewellcm.com

★ Reliable RN

Kath King, RN, BC, BS, MS
Founder & Director
978-394-1231
kath@reliablern.com
reliablern.com

★ Symphony Care Management

Kristine Callahan, CPC, CDP
PO Box 33 Centerville, MA 02632
800-331-6991
kristine@symphonycaremanagement.com
symphonycaremanagement.com

BUSINESS SUPPORTERS
Cape Cod Caregiver Coach

Melissa Plourde Rozenberg, LSW,
CGCM, CDP, CPC, CADDCT
508-414-8694
melissa@capecodcaregivercoach.com
CapeCodCaregiverCoach.com

Clear Guidance

Debi Miller
47 River Street, Suite 210
Wellesley, MA 02481
339-777-5919
debimiller@clearguidance.org
clearguidance.org

Understanding Home Care Options

Think of home care as support services delivered right to your doorstep. Here's a simple breakdown:

Medicare Certified Home Health Agency: This means a home care agency has been approved by Medicare and meets specific health and safety standards. This allows them to bill Medicare for eligible medical home care services.

Private Pay Home Care Agency: This is essentially non-medical help you arrange and pay for yourself or through other means (like long-term care insurance). Some private agencies may also offer private medical nursing care.

Medical Home Care (Skilled Care): for when you need medical help at home, like nursing care, therapy (physical, speech, occupational), wound care, or medication management. It's often for recovering from an illness or injury or managing a chronic condition. Requires a doctor's order and is often covered by Medicare, Medicaid, or private insurance.

Non-Medical Home Care (Personal Care): focuses on everyday help with things like bathing, dressing, meals, light housework, and getting around. It's for people who need assistance with daily living but don't require constant medical attention. Often paid for privately, through long-term care insurance, or veteran benefits. Doesn't need a doctor's order.

In Simple Terms:

M Need medical help? Think Medical/Skilled Home Care.

NM Need help with daily tasks? Think Non-Medical Personal Care or Private Home Care.

HOME HEALTH AGENCIES

MEDICARE CERTIFIED

CHAMPIONS

- | | |
|---|--|
| <p>★ BAYADA Home Health M NM
Annabel Day
750 Attucks Lane
Hyannis, MA 02601
508-962-5823
aday1@bayada.com
bayada.com</p> <p>★ CenterWell Home Health M
Joanne Burbank
16 Jan Sebastian Drive, Suite 100
Sandwich, MA 02563
508-888-2932
Joanne.Burbank@centerwellhomehealth.com
centerwellhomehealth.com</p> | <p>★ Relief Home Health Services M
35 Winter Street, Suite 201
Hyannis, MA 02601
508-827-7954
inquiries@reliefhhs.com
reliefhhs.com</p> <p>★ Visiting Nurse Association of Cape Cod, Inc. M
508-957-7400
capecodhealth.org/vna</p> |
|---|--|

PRIVATE PAY HOME CARE

CHAMPIONS

- | | |
|--|---|
| <p>★ BAYADA Home Health M NM
Jesula Charles
750 Attucks Lane
Hyannis, MA 02601
508-778-5001
jcharles@bayada.com
bayada.com</p> <p>★ Best of Care NM
900 Route 134
South Dennis, MA 02660
508-694-5412
info@bestofcareinc.com
bestofcareinc.com</p> <p>★ Cahoon Care Associates LLC NM
Allan Parker
13 Steeple Street
Mashpee, MA 02649
774-994-2212
allan@cahooncare.com
cahooncare.com</p> | <p>★ Cape Concierge Physical Therapy M
508-564-8877
capeconciergept@gmail.com
capeconciergept.com</p> <p>★ Cape Senior Home Healthcare LLC
508-459-5735
support@capeseniorhomehealthcare.com
capeseniorhomehealthcare.com</p> <p>★ Coastal Care LLC M NM
9 Parker Road, Floor 1
Osterville, MA 02655
774-314-2716
care@coastalcare.net
coastalcare.net</p> <p>★ Comfort Keepers M NM
Ruth McNaughton BSN,
MHM, CCM, ACM-RN
508-746-4800
ruthmcnaughton@comfortkeepers.com
comfortkeepers.com/offices/
massachusetts/plymouth/Elder</p> |
|--|---|

CHAMPIONS

★ Elder Care

Meredith Cowell
508-364-3993
meredithcowell@eldercarehc.com
Sarah Scott
508-454-3315
sarahscott@eldercarehc.com
eldercarehomecare.com

★ Home Instead – Cape Cod

Joe Bazzinotti
749 Main Street
Barnstable, MA 02655
508-778-8613
joe.bazzinotti@homeinstead.com
homeinstead.com/home-care/usa/
ma/barnstable/214

★ MobileHealth Wound Care

Sam McGough, RN, WCC
774-722-7079
SamM@mobilehealthwc.com
MobileHealthwc.com

★ North Star Care At Home

Christy Prue
774-561-2818
christy@northstarcare.health
northstarcare.health/

★ Perfect Care Match

833-PCMATCH (726-2824)
33 Bassett Lane, Office 211
Hyannis, MA 02601
info@perfectcarematch.com
perfectcarematch.com

★ Silver Linings Home Care

Tania Spear, MSN, MBA, RN
120 West Main Street
Hyannis, MA 02601
508-815-2310
tania@silverliningshomecare.com
silverliningshomecare.com

★ Summit Home Healthcare LLC

Mike Barone, General Manager
100 Independence Drive
Hyannis, MA 02601
978-853-8509
mike.barone@
summithomehealthcarellc.com
summithomehealthcarellc.com

★ TLC Private Home Care

Jolene Cicchese, BSN, RN, CDP, LTCCP
Beth Tibbetts, BSN, RN
25 Main Street
Buzzards Bay, MA 02532
508-383-3956
jcicchese@tlcprivate.com
btibbetts@tlcprivate.com
tlcprivate.com

★ Visiting Angels

915 Route 28
Harwich MA 02645
508-432-9600
ngordon@visitingangels.com
visitingangels.com/capecod

ADVOCATES

★ Ann's Guardian Angels, Inc.

Ann Neale & Kim Mee
508-782-8682
neale13@gmail.com
annsguardianangels.com

★ Anodyne Homemaker Services Corp

617-471-7200
dsbardella@anodyne-services.com
anodyne-services.com

★ Cape Cod Angels Home Care

Liliane Baence
145 Barnstable Road, Suite 6
Hyannis, MA 02601
508-524-7828
capecodangels@gmail.com
capecodangels.com

ADVOCATES

★ Cape Wide Caregivers

Christine Bosworth
508-470-5709
capewidecaregivers@gmail.com
capewidecaregivers.com

★ EaseCare At Home

508-776-2829
info@easecareathome.com
easecareathome.com

★ Home To Stay

Jessica Luna
477 Main Street, Unit 3B
Yarmouth Port, MA 02675
508-362-3300
hometostay@comcast.net
hometostayllc.com

★ Privatus Care Solutions, Inc.

Peg Fuller
23 W. Bay Road, Suite F
Osterville, MA 02655
857-301-0175
peg.fuller@privatuscare.com
privatuscare.com

BUSINESS SUPPORTERS

Antoinette Putorti

Nursing Aide, Hospice Doula, MSW
Helping elders age in place
774-216-0620
shanefin11@me.com

ComForCare

Dan Schreiner
508-209-5714
cape@comforcare.com
comforcare.com/massachusetts/
capecod/

Compass Points Home Health Care

Yoe Perry
508-246-8927
compasspointshhcservices@gmail.com
compasspointshomehealthcare.com/

Direct Physical Therapy

508-737-8225
michael@directptcapecod.com
directptcapecod.com

Ensure Health Services

Simeon Coleman
800-220-6110
info@ensurehs.org
ensurehs.org

Guardian Angel Senior Services

Amanda Bumin
34 Main Street, Ext LL 4
Plymouth, MA 02360
774-355-3575
abumin@guardianangelseniorservices.com
guardianangelseniorservices.com

Professional Nurse and Home Care of Cape Cod

Ellen Massa RN BSN
508-385-1855
ermassa@yahoo.com
pnhccc.com

Seaside Home Care

Jean Copeland
6 Munson Meeting Way
Chatham, MA 02633
774-994-2738
seasidehomecarechatham@gmail.com

TLC Home Health Care Services, Inc.

Rebecca Berry
6 Main Street, Suite 1
Hyannis, MA 02601
508-775-3042
rebeccatl@comcast.net
tlchomehealthcare.org

HOSPICE

CHAMPIONS

★ Caring Hospice Services of Massachusetts

Bertina Soares
11 Vanderbilt Avenue
Norwood, MA 02062
508-450-2050
bsoares@carinhospice.com
carinhospice.com

★ Continuum Hospice & Palliative Care

Jill Dubois, Community Liaison
774-552-4031
jilldubois@continuumhospice.com
continuumhospice.com

★ McCarthy Care Center

73 Service Road
East Sandwich, MA 02537
800-978-0838
capecodhealth.org

★ Visiting Nurse Association of Cape Cod – Hospice & Palliative Care

508-957-7400
capecodhealth.org/vna-hospice

BUSINESS SUPPORTERS

Beacon Hospice

Nancy Reynolds, Senior Liaison
1060 Falmouth Road
Hyannis, MA 02601
508-778-1622
nancy.reynolds@amedisys.com
amedisys.com

Broad Reach Hospice

info@broadreachhealth.org
508-945-4601
kathleenevans@broadreachhealth.org
broadreachhealth.org

Hospice Services of MA

10 Riverside Drive
Lakeville, MA 02347
508-291-0049
hospiceservicesofma.com

FUNERAL SERVICES

CHAMPIONS

★ Milestone Moments

Audio/Music/Video/
Master of Ceremonies/Montage Projection
Nick Salvatorillo – 518-321-5079
Mark Vincent – 661-674-7151
hotdj@yahoo.com

ADVOCATES

★ Chapman Funerals & Cremations

Bill Chapman
3778 Falmouth Road (Route 28)
Marstons Mill, MA 02648
508-428-5704
bill@chapmanfuneral.com
chapmanfuneral.com

SENIOR LIVING ADVISORS

Senior Living Advisor: A Certified Senior Placement Advisor (CSA) is a professional who has received specialized training and certification to help seniors and their families find the most appropriate senior living options based on care needs, location, preferences, and budget.

CHAMPIONS

★ Assisted Living Locators of Southeastern Massachusetts

508-681-3016
stevec@assistedlivinglocators.com
assistedlivinglocators.com/semass

★ Back Nine Nurses

Kristen Hyde, Co-Founder
RN, BSN, CGCM, CDP
Deborah O'Kelly, Co-Founder
RN, BSN, CGCM, CDP
508-737-4277
info@backninenurses.com
backninenurses.com

★ Oasis Senior Advisors – Plymouth, Cape Cod, and the Southcoast

Jim Monti – Owner
617-235-5817
jmonti@youroasisadvisor.com
oasisseioradvisors.com/
plymouth-cape-cod-southcoast

ADVOCATES

★ Senior Care Authority of Southeastern Mass

508-318-9245
marymcniff@seniorcareauthority.com
seniorcareauthority.com

BUSINESS SUPPORTERS

2Sisters Senior Living Advisors

617-701-7007
info@2sisters-sla.com
2sisters-sla.com

Senior Living Communities & Facilities

Options/Definitions

IL Independent Living: a senior community where residents are physically independent but appreciate living with other people the same age and the community lifestyle. With an abundance of activities, social events, travel opportunities, and fine-dining options.

AL Assisted Living: a residential setting that provides housing, meals, and personal care services to individuals who require assistance with daily living tasks but do not need the constant supervision and medical care provided by a skilled nursing facility.

MC Memory Care: specialized residential care designed for individuals with memory loss or dementia. A safe, secure, and supportive environment that focuses on meeting the unique needs of residents.

Skilled Nursing Care Facility: specialized medical care provided by licensed nurses and other healthcare professionals. Patients with complex medical needs, including those recovering from surgery, injury, or illness, or those requiring ongoing management of chronic conditions.

SENIOR LIVING COMMUNITIES

CHAMPIONS

- | | |
|---|---|
| <p>★ All American Assisted Living at Wareham IL AL MC</p> <p>300 Rosebrook Way
Wareham, MA 02571
774-678-0513
sshanahan@allamericanatwareham.com
allamericanatwareham.com</p> | <p>★ Heritage at Falmouth, Cape Cod Healthcare AL</p> <p>140 Ter Heun Drive
Falmouth, MA 02540
508-495-1518
mcorriveau@capecodhealth.org
capecodhealth.org/heritageatfalmouth</p> |
| <p>★ Atria Senior Living IL AL MC</p> <p>Joanne Skelly
339-389 Gifford Street.
Falmouth, MA 02540
508-274-7356
joanne.skelly@atriaseniorliving.com
atriaseniorliving.com/retirement-communities/atria-woodbriar-place-falmouth-ma/</p> | <p>★ Laurentide at Mashpee Commons IL AL MC</p> <p>Jennifer Keilty
64 Great Neck Road South
Mashpee, MA 02649
508-539-1300
jennifer@laurentidemashpeecommons.com</p> |
| <p>★ Bridges® by EPOCH Memory Care Assisted Living MC</p> <p>462 Old Barnstable Road
Mashpee, MA 02649
508-477-0043
capecodmemorycare@bridgesbyeepoch.com
bridgesmashpee.com</p> | <p>★ Legacy Care at The Terraces MC</p> <p>Karen Blake
60 Daley Terrace
Orleans, MA 02653
508-255-2328
kblake@theterracesorleans.com
theterracesorleans.com
<i>*Pending AGE Certification in 2026</i></p> |
| <p>★ Freestyle Living IL 60+</p> <p>Sandra West
822 Route 28
South Yarmouth, MA 02664
508-760-4585
sandra@freestyle-living.com
freestyle-living.com</p> | <p>★ Welch Senior Living IL AL MC</p> <p>Leanne Welch
781-878-6700
lwelch@welchhrg.com
welchseniorliving.com</p> |
| <p>★ Harbor Point at Centerville MC</p> <p>Jackie Sahagian
22 Richardson Road
Centerville, MA 02632
508-778-2311
jsahagian@benchmarkquality.com
benchmarkseniorliving.com/senior-living/ma/centerville/harbor-point-at-centerville/</p> | <p>★ Wingate Residences at Pleasant Bay AL</p> <p>Devon Gallivan
120 Woodlands Way
Brewster, MA 02631
508-240-1990
dgallivan@wingateliving.com
wingateliving.com</p> |

Senior Living Communities (continued)

ADVOCATES

- ★ **Brookdale Cape Cod** AL MC
790 Falmouth Road
Hyannis, MA 02601
508-790-7666
brookdale.com/en/communities/
brookdale-cape-cod
- ★ **Cape Cod Senior Residences** IL AL
100 Dr. Julius Kelley Lane
Bourne, MA 02559
mlebrun@slr-usa.com
seniorlivingresidences.com/
communities/cape-cod-assisted-living
- ★ **Decatur House** AL
176 Main Street
Sandwich, MA 02563
508-888-6404
decatur@decaturhouse.com
- ★ **Everleigh Cape Cod** IL 55+
265 Communication Way
Hyannis, MA 02601
508-418-9000
everleighcapecodmgr@greystar.com
- ★ **Heatherwood at Kings Way** IL 55+
100 Heatherwood Drive
Yarmouth Port, MA 02675
508-362-4400
acohen@heatherwoodkingsway.com
heatherwoodsenior.com
- ★ **Laurelwood at the Pinehills** IL AL MC
10 Golf Drive
Plymouth, MA 02360
508-927-6346
brenda@laurelwoodatthepinehills.com
laurelwoodatthepinehills.com
- ★ **Royal Megansett Apartments** IL AL MC
209 County Road
North Falmouth, MA 02556
855-275-3286
508-815-7496
elmedeiros@royalhealthgroup.com
royalhealthgroup.com
- ★ **Thirwood Place** IL AL
237 North Main Street
South Yarmouth, MA 02664
508-398-8006
info@thirwoodplace.com
thirwoodplace.com

BUSINESS SUPPORTERS

The Victorian AL
389 Orleans Road
North Chatham, MA 02650
508-945-1211
info@broadreachhealth.com
broadreachhealth.org

SKILLED NURSING FACILITIES

CHAMPIONS

- ★ **Cape Cod Post Acute Care**
Maddyson McKay
383 South Orleans Road
Brewster, MA 02631
413-362-0775
508-240-3500 (facility)
mmckay@capecodrehabhc.com
capecodrehabhc.com/
- ★ **JML Care Center**
184 Ter Heun Drive
Falmouth, MA 02540
508-457-4621
capecodhealth.org
- ★ **Royal Cape Cod**
Elena Medeiros
8 Lewis Point Road
Buzzards Bay, MA 02532
855-275-3286
508-815-7496
elmedeiros@royalhealthgroup.com
royalhealthgroup.com
- ★ **Royal Cotuit**
Elena Medeiros
161 Falmouth Road
Mashpee, MA 02649
508-815-7496
elmedeiros@royalhealthgroup.com
royalhealthgroup.com
- ★ **Royal Megansett**
Elena Medeiros
209 County Road
North Falmouth, MA 02556
508-563-5913
nmckay@royalhealthgroup.com
royalhealthgroup.com
- ★ **Royal Nursing Center**
359 Jones Road
Falmouth, MA 02540
774-349-0220
msequeira@royalhealthgroup.com
royalhealthgroup.com
- ★ **The Pavilion Rehabilitation and Nursing Center**
Jenny Williams
876 Falmouth Road
Hyannis, MA 02601
508-775-6663
jwilliams@pavilionnsg.com
pavilionnsg.com
- ★ **The Terraces of Orleans**
Karen Blake
60 Daley Terrace
Orleans, MA 02653
508-255-2328
kblake@theterracesorleans.com
theterracesorleans.com
- ★ **Windsor Skilled Nursing and Rehabilitation**
Laurie Valentgas
265 North Main Street
South Yarmouth, MA 02664
508-394-3514
lvalentgas@integritus1.org
integritushealthcare.org

BUSINESS SUPPORTERS

Liberty Commons
390 Orleans Road
North Chatham, MA 02650
508-945-4611
info@broadreachhealth.org
broadreachhealth.org

Advinia Care Seashore Pointe
Provincetown, MA
508-487-0771

Bourne Manor Extended Care
Bourne, MA
508-759-8880

Cape Heritage Rehabilitation
& Health Care Center
Sandwich, MA
508-888-8222

Cape Regency Rehabilitation
& Health Care Center
Centerville, MA
508-778-1835

Mayflower Place Skilled Nursing
and Rehabilitation Center
West Yarmouth, MA
508-957-7007

Our Island Home
Nantucket, MA
508-228-0462

RegalCare at Harwich
Harwich, MA
508-430-1717

Rosewood Manor
Harwich, MA
508-432-0135



"The Cape Cod Senior Resource Guide is a comprehensive, well organized, easy-to-read resource for patients and families discharging from the hospital. When the case manager anticipates that a patient may need long term care planning, this is the go-to handout. The team feels confident that this guide has all the resources needed to help patients and families navigate through any post-discharge long term care planning needs."

Kathleen Cole
Executive Director, Clinical Resources Management
Cape Cod Healthcare

HOSPITALS & MEDICAL

HOSPITALS

CHAMPIONS

★ **Cape Cod Hospital**
27 Park Street
Hyannis, MA 02601
508-771-1800
capecodhealth.org

★ **Falmouth Hospital**
100 Ter Heun Drive
Falmouth, MA 02540
508-548-5300
capecodhealth.org

Beth Israel Deaconess Hospital
– Plymouth
275 Sandwich Street
Plymouth, MA 02360
508-746-2000
bidplymouth.org

Tobey Hospital
43 High Street
Wareham, MA 02571
508-295-0880
southcoast.org

CRITICAL CARE, LTAC, SPECIALTY & ACUTE REHAB

ADVOCATES

★ **Vibra Hospital of Southeastern
Massachusetts**
4499 Acushnet Avenue
New Bedford, MA 02745
508-995-6900
lvaudry@vhmass.com
vhmass.com



Encompass Health Rehabilitation
Hospital of Braintree
250 Pond Street
Braintree, MA 02184
781-348-2500



Hebrew Rehabilitation Hospital
1200 Centre Street
Boston, MA 02131
617-363-8000



Lemuel Shattuck Hospital
170 Morton Street
Jamaica Plain, MA 02130
617-522-8110



PAM Health Specialty
Hospital of Stoughton
909 Sumner Street
Stoughton, MA 02072
781-297-8200



Spaulding Rehab Hospital
– Boston
300 1st Avenue
Charlestown, MA 02129
617-952-5000



Spaulding Rehab Hospital
– Cambridge
1575 Cambridge Street
Cambridge, MA 02138
617-876-4344



Spaulding Rehab Hospital
– Cape Cod
311 Service Road
East Sandwich, MA 02537
508-833-4000



Whittier Rehabilitation Hospital – Westborough
150 Flanders Road
Westborough, MA 01581
508-870-2222



Whittier Rehabilitation Hospital
– Bradford
145 Ward Hill, Bradford, MA 01835
978-372-8000



MEDICAL & URGENT CARE CENTERS

CHAMPIONS

★ **Cape Cod Healthcare Urgent Care – Falmouth**
273 Teaticket Highway
Falmouth, MA 02536
508-495-8000

★ **Cape Cod Healthcare Urgent Care – Harwich**
525 Long Pond Drive
Harwich, MA 02645
508-430-3330

★ **Cape Cod Healthcare Urgent Care – Hyannis**
1220 Route 132
Hyannis, MA 02601
508-862-7900

★ **Cape Cod Healthcare Urgent Care – Orleans**
42 Route 6A, Orleans, MA 02653
508-957-9270

★ **Cape Cod Healthcare Urgent Care – Plymouth**
The Pinehills
5 Village Green South
Plymouth, MA 02360
508-957-9275

★ **Cape Cod Healthcare Urgent Care – Sandwich**
2 Jan Sebastian Drive
Sandwich, MA 02563
508-833-2639

Bourne Urgent Care
1 Trowbridge Road
Buzzards Bay, MA 02532
508-743-0322

Cape Cod Medical Center Dennis
65 Route 134
South Dennis, MA 02660
508-394-7113

Carewell Urgent Care
Route 134 – Patriots Square
South Dennis, MA 02660
508-694-7901

Community Health Center
– Bourne
123 Waterhouse Road
Bourne, MA 02532
508-477-7090

Community Health Center
– Centerville
1185B Falmouth Road
Centerville, MA 02632
508-477-7090

Community Health Center
– Falmouth
200 + 210 Jones Road
Falmouth, MA 02540
508-477-7090

Community Health Center
– North Falmouth
26 Edgerton Drive, Suite C
North Falmouth, MA 02556
508-477-7090

Community Health Center
– Mashpee
107 Commercial Street
Mashpee, MA 02649
508-477-7090

Community Health Center
– Sandwich
90 Route. 6A, Unit 5A
Sandwich, MA 02563
508-477-7090

Falmouth Urgent Care
273 Route 28
Falmouth, MA 02536
508-495-8000

Harbor Community Health Center
– Hyannis
735 Attucks Lane
Hyannis, MA 02601
508-778-5420

Harwich Port Community Health Center
710 Route 28
Harwich Port, MA 02646
508-432-1400

Outer Cape Health Services – Provincetown Health Center & Pharmacy
49 Harry Kemp Way
Provincetown, MA 02657
508-487-9395

Outer Cape Health Services – Wellfleet Health Center
3130 Route 6
Wellfleet, MA 02667
508-349-3131

Rogers Outpatient Center
5 Industrial Drive
Mashpee, MA 02649
508-477-4282

Stoneman Outpatient Center
2 Jan Sebastian Way (Rt. 130)
Sandwich, MA 02563
508-833-2639

Cape Cod Healthcare Information Line – 877-227-3263

Cape Wellness Collaborative – 774-408-8477

CWC's mission is to help residents of Cape Cod and the Islands who are facing cancer feel better through integrative therapies.

SUPPORT SERVICES

MEDICAL SUPPLIES & HOME MODIFICATION

ADVOCATES

★ Morris Mobility Solutions

Joe Morris
Weymouth, MA
617-866-8337
morrismobilitysolutions.com

★ Seaside Hearing Solutions

Expert Hearing & Tinnitus Care
Susanne Powers, BC-HIS
508-371-2520
spowers@seasidehearingsolutions.com
seasidehearingsolutions.com

BUSINESS SUPPORTERS

Independence HomeHealthWares

23 Whites Path, Unit O
South Yarmouth, MA 02664
508-394-1375
lsouza@homehealthwares.com
homehealthwares.com

Mr. Grab Bar

Noah Thacher
508-274-5174

Oakley Home Access

Melissa Rosenberg
508-269-0769
oakleyhomeaccess.com

TECHNOLOGY EDUCATION & FRAUD AWARENESS

BUSINESS SUPPORTERS

Gadgets Made EaZy

Sarah Canning
314 Gifford Street, Unit 4
Falmouth, MA 02540
508-717-7777
info@gadgetsmaadeeasy.com
GadgetsMadeEaZy.com

Help Me! Computer Consulting

Elaine Moore
508-523-5538
elaine@helpmecomputerconsulting.com
HelpMeComputerConsulting.com

Mobile Mac Doctors

508-827-1118
info@mobilemacdoctors.com
mobilemacdoctors.com

Cape & Coast Bank Security Support

508-569-3400

Cape Cod 5 Fraud Center

888-225-4636 (Available 24/7)

Consumer Assistance Council

(CAC) Cape Cod & Islands
508-771-0700

Massachusetts Elder Fraud Hotline

888-243-5337

MA Office of the State Auditor (Bureau of Special Investigations)

617-727-6771

The Fastest Way to Report Online Scams & Cyber Fraud:

Internet Crime Complaint Center (IC3) – ic3.gov

If the fraud involves an online scam, phishing email, ransomware, or cryptocurrency, the FBI coordinates tracking through a centralized digital division. Reporting here immediately inputs the data into federal investigative databases.

Technology Education & Fraud Awareness (continued)

Local FBI Contact Information

Main Regional Office (FBI Boston Field Office) – 857-386-2000 (Available 24/7)
(Serving Cape Cod (Barnstable County), the Islands, and Southeastern Mass.)

National Tip Line – 1-800-CALL-FBI (1-800-225-5324)

TRANSPORT & BUS SERVICES

CHAMPIONS

★ Atlas Medical Transportation

508-562-7390
info@atlasmedicaltransportation.com
atlasmedicaltransportation.com

★ Prime Medical Transport

Serving Cape Cod & South Shore
508-258-3787
info@primemedtransport.com
primemedtransport.com

★ Coastal Medical Transportation Systems

info@cmtsus.com
508-694-6687
eleonard@cmtsus.com
cmtsma.com

BHT Bus

(Direct service to
14 Boston hospitals)
800-352-7155
capecodrta.org

Cape Cod Ambulance Services

508-775-0494

Cape Cod Wheelchair Transit

Reservations
508-775-2066

CCRTA / B Bus / DART

800-352-7155
508-385-1430 (Alternate number)
capecodtransit.com

COMMUNITY CONNECTIONS

Cape Cod Council of Churches

508-775-5073

Cape Cod LGBTQ Senior Friends

Aimee Saulnier
781-290-6445
capecodlgbtqseniorfriends@gmail.com
capecodlgbtqseniorfriends.org

Cape Cod Pride

508-283-0855
pam@capecodpride.org
capecodpride.net

Cape Cod Times Neighbors Fund

508-778-5661

Jewish Federation

Community Services
508-778-5589

Lower Cape Outreach Council

508-240-0694

Parish Nurse Ministries

508-771-1106

NEIGHBORHOOD SUPPORT PROGRAMS

Barnstable Neighbor to Neighbor (BN2N) 508-418-9220
admin@barnstableneighbor.org
barnstableneighbor.org

Bay to Sound Neighbors
508-470-0585
baytosoundneighbors.org

Nauset Neighbors
508-514-7067
info@nausetneighbors.org
nausetneighbors.org

Neighborhood Falmouth
508-927-1678
Member & Volunteer Line:
508-564-7543
director@neighborhoodfalmouth.org
neighborhoodfalmouth.org

Vineyard Village at Home
508-693-3038

NANTUCKET ISLAND SERVICES

Isle Return Program
508-882-7263

Nantucket Senior Citizen Telephone Reassurance Program
508-228-1212

Nantucket Food Pantry
508-228-7438

Salt Marsh Senior Center
508-228-4490

MARTHA'S VINEYARD SERVICES

Healthy Aging Martha's Vineyard
508-693-7900 x455

Serving Hands and Family to Family Food Distribution
508-693-7900

VETERANS SERVICES

Cape & Islands Veterans Outreach Center
SSVF (Supportive Services for Veteran Families)
247 Stevens Street, Suite E.
Hyannis, MA 02601
508-778-1590 (*Housing & Case Management*)
housing@capeveterans.com
capeveterans.com/
services/#supportive-services

Cape Cod Veterans Inc.
PO Box 81
Dennis Port, MA 02639
508-240-7342
capeveterans.com

Hyannis VA Clinic
233 Stevens Street
Hyannis, MA 02601
508-771-3190
va.gov

SSVF (Supportive Services for Veteran Families)
508-488-8347
nechv.org/programs-and-service/
supportive-services-for-veteran-families-ssvf

US Vet Center
474 W. Main Street
Hyannis, MA 02601
508-778-0124
friendsofthecapecodvetcenter.org

Veterans Service Department
66 Falmouth Road
Hyannis, MA 02601
508-778-8740
capevets.org

MENTAL HEALTH SERVICES

CHAMPIONS

★ **Compass Circle Behavioral Health LLC**

857-328-0724
danobrienpmhnp@gmail.com
compasscirclebehavioralhealth.com

Baycove
833-229-2683

Cape & Islands Cognitive Behavioral Institute
508-457-3160

Cape Cod Human Services
508-790-3360

Community Health Center of Cape Cod
508-477-7090

Duffy Health Center
508-771-9599

NAMI National Alliance Mental Illness
508-778-4277
nami.org

Northeast Health Services
508-862-0514

SOCIAL SERVICES / OTHER

CHAMPIONS

★ **Housing Assistance Corporation**

255 Independence Drive
Hyannis MA 02601
508-771-5400
housing@haconcapeod.org
haconcapeod.org

Homeless Prevention Council
508-255-9667

Samaritans of Cape Cod
800-893-9900

Saint Vincent De Paul
508-432-0650

The Fleet Fund
info@fleetfund.org
Provides emergency financial assistance

SUPPORT GROUPS

Alcoholics Anonymous
508-775-7060

Alzheimer's Association
800-272-3900
alz.org

Alzheimer's Family Support Center
508-896-5170

American Parkinson's Disease Association (APDA) – Falmouth Support Group
978-394-1231
kath@reliablern.com
reliablern.com
**Groups also available in Barnstable, Yarmouth and Orleans*

SPECIAL NEEDS

Cape Organization for Rights of the Disabled (CORD)
508-775-8300

Commission for the Blind
508-993-6140
800-989-4411

Hard of Hearing Services
508-775-8300
800-541-0282

Sight Loss Services
508-394-3904
800-427-6842
info@sightloss.org

MEMBERSHIP SERVICE PARTNERS

CHAMPIONS

★ **Cape Cod Foundation**
508-790-3040
capecodfoundation.org

★ **Cape Cod Healthcare**
capecodhealth.org

★ **Cape Cod Times Neighbors Fund**
508-778-5661

★ **Eastern Bank**
1-800-EASTERN (327-8376)
easternbank.com

ADVOCATES

★ **Claudine & Company**
(formerly: Creating Marketing Results)
Claudine LeBlanc
508-577-8277
claudine@claudineandcompany.com
claudineandcompany.com

BUSINESS SUPPORTERS

Red Ball Promotions / Red Ball Cares
Brian Hoffman
PO Box 39, Sharon, MA 02067
781-956-2694
brian@redballpromotions.com
redballpromotions.com

Trash Butlers
Donna Canepa
774-559-3081
trashbutlers@yahoo.com
trashbutlers.net

Sunderland Printing
115 Enterprise Road
Hyannis, MA 02601
508-790-1100
info@sunderlandprinting.com
sunderlandprinting.com

Vantage Healthcare
978-290-9847
smcintire@vantagehcs.com
myvantagehcs.com

Watermark Chatham
6J Munson Meeting Way
Chatham, MA 02633
508-945-4444
watermarkchatham@outlook.com
watermarkchatham.com

MOVING / ORGANIZATIONAL SERVICES

ADVOCATES

★ **Smooth Transitions of the South Shore**

Joy Murphy
339-788-3221
jmurphy@smoothtransitions.com
southshore.smoothtransitions.com

★ **Windswept Works, LLC**

Kate Gingras
508-277-0173
kkgingras124@gmail.com
windsweptworks.com

BUSINESS SUPPORTERS

Just Like Family

Organizing and Concierge Services
Andrea N. Davis
508-501-1792
andrea@just-like-family.com
just-like-family.com

Peaceful Place Home Organizing & Transitions

Julie Brooks
508-246-7866
julie@peacefulplaceorganizers.com
peacefulplaceorganizers.com

REALTORS

CHAMPIONS

★ **Above & Beyond Senior Solutions**

Kim or Dave Gravel
Serving Cape Cod & Plymouth County
781-798-2911
kimgravelrealestate.com
abseniorsolution@gmail.com
abseniorsolution.com

★ **Gervais Group at Keller Williams Realty Cape Cod and Colonial Partners**

Dan Gervais
1600 Falmouth Road, Suite 2
Centerville, MA 02632
508-737-6732
dangervais@kw.com
capecod.realestate

ADVOCATES

★ **Coastal Castles at Compass**

Trish Pierce Gallahue
Nationally Certified Senior Advisor
4 Wianno Avenue
Osterville, MA 02655
781-307-6301
tpiercerealtor@gmail.com
coastal-castles.com

★ **Tiffany Callahan, Realtor with Greer Real Estate**

Tiffany Callahan, Realtor
3264 Main Street
Barnstable, MA 02630
508-641-6605
tiffany@greercapecod.com
greercapecod.com

★ **Majestic Realty Group**

Nancy Turgeon
38 Sisson Road, Suite 303
Harwich Port, MA 02646
508-941-3427
nancyturgeon@
majesticrealtorcapecod.com
nancyturgeonrealtor.com

★ **William Raveis Real Estate**

Julie Dateo
222 Main Street
Falmouth, MA 02540
617-938-2220
julie.dateo@raveis.com
raveis.com/agent/juliedateo

BUSINESS SUPPORTERS



At Anchor Living Seniors | Keller Williams

Karen Powers
171 Washington Street
Norwell, MA 02061
781-413-4120
karen@karenmpowers.com
atanchorlivingseniors.com

Keller Williams Realty Cape Cod & Colonial Partners

Joseph Lento
508-237-7525
josephlento@kw.com
josephlento.kw.com

Sotheby's International Realty

Pamela Chmielinski
& Pamela Mullin
508-737-0544
pamela.chmielinski@sir.com
sothebysrealty.com

StartPoint Real Estate

John Consoletti
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Cape Cod Senior Resource Group, Inc. is a non-profit 501(c)(3) membership organization of caring professionals working in senior related fields who are dedicated to serving seniors in the Cape Cod region of Massachusetts. Our mission is to ensure that every senior member of our community has access to the care, support, and resources they need to live with dignity, independence, and connection. Through your generous support, we can provide vital funding for a broad range of services such as transportation, nutritious meals, companionship programs, and access to essential healthcare and wellness resources. The strength of our organization can be found in our ability to network with each other so that we can close the gaps in each senior's daily life and ensure that their needs are met.

We believe in "Community and Care above Competition," which means we work together to help fulfill the needs of the senior population in our area. Together we are stronger! We support this mission through fundraising and charitable donations.

HOW TO BECOME A MEMBER

Any person, business, or organization supporting or serving the aging population on Cape Cod can go to our website, ccsrg.org, and follow the instructions under "CCSRG Members."

ADDITIONAL COPIES

The Cape Cod Senior Resource Guide is available for FREE at most gathering places for seniors, or email us at guide@ccsrg.org. An electronic version of this guide is available at ccsrg.org.

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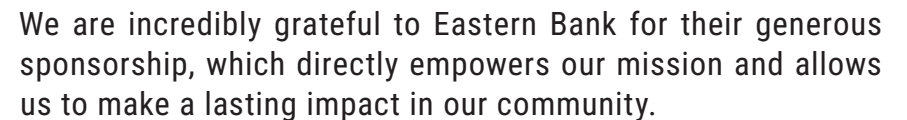
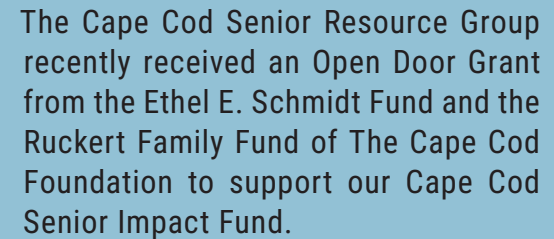
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