

Revised 04/03/26

**Cape Cod Senior Resource Group – Members
Local Agencies**

Aging Services Access Points

Elder Services of Cape Cod & the Islands, Inc.

Maryanne Ryan

68 Route 134
South Dennis, MA 02660

508-394-4630
info@escci.org
www.escci.org

Old Colony Elderly Services

Plymouth Location
204 South Meadow Road
Plymouth, MA 02360

508-584-1561
www.ocesma.org

Caregiver Training & Support

2Sisters Senior Living Advisors

Michelle Woodbrey

617-701-7007
info@2Sisters-sla.com
www.2Sisters-sla.com

Alzheimer's Association

Pamela Schwabe

320 Nevada Street
Newton, MA 02460

872-241-1402
pschwabe@alz.org
www.alz.org

Alzheimer's Family Support Center

508-896-5170
info@capecodalz.org
www.alzfamilysupport.org

American Parkinson's Disease Association

Falmouth Support Group – Kath King

978-394-1231
kath@reliablern.com
www.apdaparkinson.org

Back Nine Nurses

Kristen Hyde, Co-Founder, RN, BSN, CGCM, CDP
Deborah O'Kelly, Co-Founder, RN, BSN, CGCM, CDP

P.O. Box 282
Mashpee, MA 02649

Barnstable Neighbor to Neighbor (BN2N)

Meg Loughran

P.O. Box 32
Barnstable, MA 02630

508-418-9220
Flough2445@aol.com
www.barnstableneighbor.org

<p>508-737-4277 info@backninenurses.com www.backninenurses.com</p>	
<p>Bay to Sound Neighbors</p> <p>508-470-0585 www.baytosoundneighbors.org</p>	<p>Bridges by Epoch at Mashpee</p> <p>462 Old Barnstable Road Mashpee, MA 02649</p> <p>508-477-0043 CapeCodMemoryCare@BridgesByEpoch.com</p>
<p>Cape Cod Caregiver Coach Melissa Plourde</p> <p>244 Boulder Rd. Barnstable MA 02630</p> <p>508-414-8694 melissa@capecodcaregivercoach.com www.CapeCodCaregiverCoach.com</p>	<p>Careforth's Adult Foster Care / Family Caregiving Lisa Gaulin</p> <p>26 Mirasol Drive Bourne MA 02532</p> <p>774-434-5426 LGaulin@careforth.com www.careforth.com</p>
<p>Caregiving Pathways Beth Suereth</p> <p>508-681-5091 beth.suereth@caregivingpathways.com www.caregivingpathways.com</p>	<p>Compassionate Care – ALS Falmouth</p> <p>P.O. Box 1052 West Falmouth, MA 02574</p> <p>508-444-6775 info@ccals.org www.ccals.org</p>
<p>Dementia & Alzheimer's Caregiver Support Program CCHC Neuroscience Institute</p> <p>774-552-6080 dementiainfo@capecodhealth.org www.capecodhealth.org/dementia-support</p>	<p>Nauset Neighbors</p> <p>508-514-7067 info@nausetneighbors.org www.nausetneighbors.org</p>

Neighborhood Falmouth

Office: 508-927-1678
 Member & Volunteer Line: 508-564-7543
director@neighborhoodfalmouth.org
www.neighborhoodfalmouth.org

Councils on Aging / Active Living Centers

Barnstable Adult Community Center

825 Falmouth Road/Rte. 28
 Hyannis, MA 02601

 508-862-4750
Kelly.Howley@town.barnstable.ma.us
www.seniors.town.barnstable.ma.us

Bourne Council on Aging

Bourne Veterans Memorial
 Community Building
 239 Main Street
 Buzzards Bay, MA 02532

 508-759-0653
doliviere@townofbourne.com
www.townofbourne.com/council-on-aging

Brewster Senior Center

1673 Main Street
 Brewster, MA 02631

 508-896-2737
ecutler@brewster-ma.gov
www.brewster-ma.gov/council-on-aging

Chatham Senior Center

193 Stony Hill Road
 Chatham, MA 02633

 508-945-5190
www.chatham-ma.gov/527/Council-on-Aging

Dennis Senior Center

1045 Rt. 134
 South Dennis, MA 02660

 508-385-5067
www.town.dennis.ma.us/council-aging

Eastham Senior Center

1405 Nauset Road
 P.O. Box 1203
 North Eastham, MA 02651

 508-255-6164
www.eastham-ma.gov/418/Senior-Center

<p>Falmouth Senior Center</p> <p>780 Main Street Falmouth, MA 02540</p> <p>508-540-0196 www.falmouthma.gov/444/Senior-Services-Senior-Center</p>	<p>Harwich Community Center</p> <p>100 Oak Street Harwich MA 02645</p> <p>508-430-7550 www.harwich-ma.gov/council-on-aging</p>
<p>Martha's Vineyard</p> <p>21 Wamsutta Avenue Oak Bluffs, MA 02557</p> <p>508-693-4509 www.oakbluffsma.gov/152/Council-on-Aging</p>	<p>Martha's Vineyard Tisbury Senior Center</p> <p>34 Pine Tree Road P.O. Box 1239 Vineyard Haven, MA 02568</p> <p>508- 696-4205 www.tisburyma.gov/council-aging</p>
<p>Martha's Vineyard Edgartown Council on Aging</p> <p>P.O. Box 1295 10 Daggett St. Edgartown, 02539</p> <p>508-627-4368 www.edgartowncoa.com/about</p>	<p>Mashpee Council on Aging</p> <p>26 Frank E. Hicks Drive Mashpee, MA 02649</p> <p>508-539-1440 COADirector@mashpeema.gov www.mashpeema.gov/council-aging</p>
<p>Nantucket Saltmarsh Senior Center</p> <p>81 Washington Street Nantucket, MA 02554</p> <p>508-228-4490 www.nantucket-ma.gov/732/Saltmarsh-Senior-Center</p>	<p>Orleans Senior Center</p> <p>150 Rock Harbor Road Orleans, MA 02653</p> <p>508-255-6333 www.town.orleans.ma.us/220/Council-on-Aging-Senior-Center</p>
<p>Provincetown Grace Gouveia Building</p> <p>26 Alden Street Provincetown, MA 02657</p> <p>508- 487-7080 chottle@provincetown-ma.gov www.provincetown-ma.gov/72/Council-on-Aging</p>	<p>Sandwich Council on Aging</p> <p>270 Quaker Meetinghouse Road East Sandwich, MA 02537</p> <p>508-888-4737 coa@sandwichmass.org www.sandwichmass.org/274/Council-on-Aging</p>

<p>Truro Community Center</p> <p>7 Standish Way North Truro, MA 02652</p> <p>508-487-1632 www.truro-ma.gov/council-on-aging</p>	<p>Wareham Senior Center Sharon Rice</p> <p>48 Marion Road Wareham, MA 02571</p> <p>508-291-3130 srice@wareham.gov www.wareham.gov</p>
<p>Wellfleet Adult Community Center</p> <p>715 Old King's Highway Wellfleet, MA 02667</p> <p>508-349-2800 www.wellfleet-ma.gov/wellfleet-adult-community-center</p>	<p>Yarmouth Senior Center</p> <p>528 Forest Road Yarmouth, MA 02664</p> <p>508-394-7606 www.yarmouth.ma.us/309/Senior-Services</p>

Day Programs

<p>Alzheimer's Family Support Center</p> <p>508-896- 5170 info@capecodalz.org www.alzfamilysupport.org</p>	<p>Dennis Senior Center</p> <p>1045 Rt. 134 South Dennis, MA 02660</p> <p>508-385-5067 www.town.dennis.ma.us/council-aging</p>
<p>Harbor Point at Centerville</p> <p>22 Richardson Rd Centerville, MA 02632</p> <p>508-778-2311 TLabonte1@Benchmarkquality.com www.HarborPointAtCenterville.com</p>	<p>Rock Harbor Respite</p> <p>150 Rock Harbor Rd Orleans, MA 02653</p> <p>508-255-6333 ext. 19 mcecchi@town.orleans.ma.us www.town.orleans.ma.us/233/Rock-Harbor-Respite—Supportive-Day-Pro</p>